

# WAKING UP TO THE MOVIES



## A One Who Wakes Event

John Mark Stroud  
[www.OneWhoWakes.org](http://www.OneWhoWakes.org)



### Welcome Beautiful Friends to Waking Up to the Movies!

Movies are our modern day parables and allegories. They are a wonderful ways to tell stories. Imagine living 2000 years ago, when Jesus, one of the best story tellers of all time, had only the simplest of tools to tell stories. Just the spoken word and simple drawings in the dirt. Today we have movies! They are immersive, multi-sensory, even 3D experiences. Movies make for wonderful teaching tools as they expose us to ideas, concepts and experiences we can not otherwise have.

While John Mark was walking his path, he was guided to over 100 films as teaching tools. The Holy Spirit/ Jesus would tell him what movie to watch and while he watched the movie, Spirit would have him pause the movie often. The Spirit would then explain how to look at the movie and understand it through the unified, singular, and true perception of the awakened Christ Mind. It was as if a whole new world was being revealed. It really taught John Mark how to watch his own mind and truly see what was going on inside himself. Watching those movies was great fun and contributed greatly to John Mark's awakening.

John Mark now shares that same guided commentary at Waking Up to the Movies events. The messages of Spirit and Love are all around us, woven into every aspect of our daily experience. We usually do not see them because we are so identified with our individual egoic consciousness. Guided movie watching is a simple way to experience a teaching personified. Once we have witnessed the teaching illuminated on screen, we can turn our awareness inward and see its application in our own life. Guided movies open our mind to a reality beyond our existing concepts.

Waking Up to the Movies with guidance from the Holy Spirit can be a fun and easy way to open our minds, practice forgiveness and learn metaphysics.

You can download them and enjoy them at home. These files include John Mark's guided commentary recorded during the movie. Simply click the [blue name](#) of the movie below the poster, it will take you to the download page, then click the yellow download button on the right side to start the download. The files are large so it may take some time to download. **Sit back, relax, watch** (your mind watch the movie), **enjoy and Wake Up** (if you wish)! Oh, popcorn is a fun addition to the experience.

*The commentary that is offered in these movies is Created as an extension of Love thru me. If you find the movies helpful or if they contribute to your healing will you please consider making a Love Offering - Donation? My family and I are totally sustained by Love, your Love! You can go to [www.OneWhoWakes.org](http://www.OneWhoWakes.org) where you will find a give button in the upper right hand corner. Or just click the one to the right and you can donate on PayPal now. ----->*

*No PayPal account is necessary, you can use a credit card and we can accept international donations. If you would like to send a check please contact me at [Love@OneWhoWakes.org](mailto:Love@OneWhoWakes.org). Gratefully, John Mark*

OneWhoWakes.org



Want to get our weekly e-mail with One Who Wakes event details? Go to [www.OneWhoWakes.org](http://www.OneWhoWakes.org) and scroll to the bottom of the home page to sign up for the weekly e-mail. Click the Facebook logo to follow us. --->



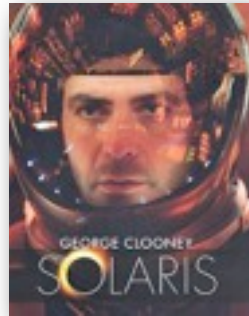
# WAKING UP TO THE MOVIES



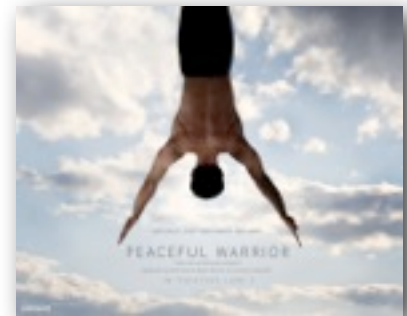
A **One** Who Wakes Event  
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[The Truman Show](#)



[SOLARIS](#)



[Peaceful Warrior](#)



[Revolver](#)  
[Revolver - Alternate Ending](#)



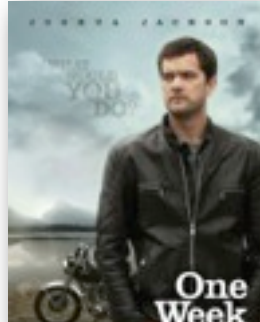
[The Thirteenth Floor](#)



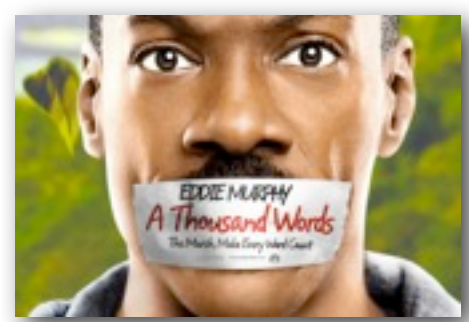
[Perfect Sense](#)



[Chocolat](#)



[One Week](#)



[A Thousand Words](#)

Movies continued on next page

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A **One** Who Wakes Event  
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[What the Bleep do we Know!?](#)



[The Snow Walker](#)



[When a Man Loves a Women](#)



[Penelope](#)



[The Guitar](#)



[Harold & Maude](#)  
[List of Maude-isms](#)



[Source Code](#)



[August Rush](#)



[Henry Poole Is Here](#)

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# WAKING UP TO THE MOVIES



A **One** Who Wakes Event  
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[Sliding Doors](#)



[Intouchables](#)



[The Adjustment Bureau](#)



[Yes Man](#)



[Groundhog Day](#)



[Field of Dreams](#)



[Ruby Sparks](#)



[Café](#)



[Hugo](#)

Movies continued on next page

# WAKING UP TO THE MOVIES



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[The Game Part 1](#)  
[The Game Part 2](#)

**Want to Quicken in your journey of Remembrance?**

John Mark welcomes joining in Private Clarity Sessions.  
You can join with him in person, on the phone, Skype or FaceTime.



**Would you like John Mark & One Who Wakes  
to host a Retreat or "Plorkshop" in your area?**

Contact John Mark: [Love@OneWhoWakes.org](mailto:Love@OneWhoWakes.org)



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